

The full content of the following Policies and Procedures, # 29, 30, 31 and 32 are available on the Club's website.

29. *CONCUSSION POLICY*

CIYC is committed to the following actions in regards to concussions:

- Committed to increasing awareness regarding what concussions are and the potential for serious complications.
- Enforcing procedures and training that promotes preventative actions to help reduce the number of concussions.
- Providing procedures that support CIYC staff, volunteers and athletes in ensuring quick recognition and removal of any individual with a suspected concussion from CIYC activities.
- Ensure that following a suspected concussion there are clear steps for both the individual and CIYC to follow before a return to sport occurs to ensure the focus is on the individual's long-term health.

30. *EMERGENCY PROCEDURES*

CIYC Emergency Procedures indicate that EMS should be contacted if any of the following situations occur:

- Victim is not breathing or was not breathing
- Victim is bleeding profusely
- Victim lost consciousness for any period of time
- Injuries occur to back, neck or head
- There is a major trauma to a limb
- Victim suffers cold water emergency
- Serious assault with or without a weapon
- Fire
- Any other situation at the discretion of the Charge Person on site at that time

31. *CHILD PROTECTION POLICY*

The Cedar Island Yacht Club will not tolerate any form of physical, sexual, emotional, verbal, cyber-, or psychological abuse nor any form of neglect or harassment. We will take steps to protect all our participants, especially minors.

32. *SAFE SPORT POLICY*

Cedar Island Yacht Club in partnership with Sail Canada is committed to providing everyone involved in the sport of sailing a safe and welcoming environment in which to participate. As we work towards ensuring as positive, safe, and inclusive environment, Sail Canada has created a harmonious policy package to set the expectations for safe sport across the country which Cedar Island Yacht Club has adopted.

The policies that make up the Safe Sport Policy Package include:

Code of Conduct including the Universal Code of Conduct to Prevent and Address Maltreatment in Sport

Protection Policy

Social Media Policy

Screening Policy

Whistle Blower Policy
Discipline and Complaints Policy
Appeal Policy
Dispute Resolution Policy

Date change on the Policies and page changes on the index to be made if approved.